

Greater Norwood Running Club

Information and 2008 Membership Application



GNRC is currently seeking new members to join our club. We are a USATF-certified group of runners and triathletes who love to train, compete, and gather together for social events. We welcome men and women of all ages and abilities. Join us!

Dues are \$35 and are collected annually. First-time members receive a GNRC racing singlet. If you would like to join the GNRC, please fill out the information below, sign the waiver, and write a \$35 check payable to Greater Norwood Running Club.

Mail the completed form and check to:

Tracey Jones, Treasurer
Greater Norwood Running Club
356 Lenox Street
Norwood, MA 02062

If you would like more information about joining the GNRC, please send an email to Michael Gilio, Club President, at mgilio@phlyins.com or visit our website at:

<http://www.greaternorwoodrunners.org>

First Name _____ Last Name _____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____ Singlet Size: S M L XL

Email Address _____

MEMBERSHIP WAIVER: I know that running is a potentially hazardous activity. I should not enter and/or participate in any club activities unless I am medically able and properly trained. I agree to abide by any decision of all race officials relative to my ability to safely compete in any event. I assume all risk associated with running and/or volunteering in club sponsored events, including but not limited to: Falls, contact with other participants, inclement weather, road and traffic conditions, course difficulty, and terrain. Having read and understanding the facts stated in this waiver, I, my heirs, and anyone entitled to act on my behalf, release the Greater Norwood Running Club, all sponsors, and their representatives from all claims of liabilities of any kind arising out of my participation in club activities.

SIGNATURE

DATE